



Look out for your overall health with Vision Insurance.

Flexible and comprehensive coverage that can save you money.

- Eye exams
- Eyewear
- Laser vision correction

Why is having a good vision plan so important?

Taking good care of your eyes can help you take better care of your body. Regular visits to your eye care professional do more than just protect your eyesight, they can help protect your overall health. Through a routine exam, eye doctors can spot serious health problems like diabetes, high blood pressure, heart disease, certain cancers and other conditions.¹

That's why, even if you have perfect vision, yearly exams are important. Don't let preventable health and vision problems sneak up on you. Vision benefits are there to help you stay on top of your care.

Set your sights on better vision with MetLife Vision.

Vision care services without a vision plan can be expensive. Out-of-pocket costs can add up fast. See how much you could save with MetLife Vision in the example below. Keep in mind this is an illustration only. Your costs and savings could vary.²

Vision service ³	Cost without MetLife's Vision Plan ³	Cost with MetLife's Vision Plan	Savings ²
Eye exam	\$140	\$10 (co-pay)	\$130
Glasses	N/A	\$25 (co-pay)	N/A
Frame	\$140	\$8	\$132
Lenses (bifocal)	\$139	\$0	\$139
Ultraviolet (UV) coating	\$23	\$0	\$23
Progressive lenses	\$158	\$105	\$53
Anti-reflective coating	\$106	\$69	\$37
Annual premiums ⁴	N/A	\$84	N/A
Total cost of services	\$706	\$301	\$514

Enroll today!
 Call the AUSA Group Insurance Program at **1.800.882.5707**.
 M-F 7 a.m. to 7 p.m., CST

Why should I enroll now?

- Competitive group rates

Vision Insurance

An opportunity to reduce your out-of-pocket costs for vision care and eyewear.



ASSOCIATION OF THE UNITED STATES ARMY

See better with MetLife Vision

Discover a plan that may help you save on vision services,² from eye exams, glasses, contact lenses and so much more. It couldn't be easier for you to get the vision care you need.

Your choice of eye care professionals

- See any licensed eye care professional
- Or choose from thousands of ophthalmologists, optometrists and opticians at private practices or at popular retail locations like Costco[®] Optical, Walmart Vision, Sam's Club Optical, Visionworks and more

Your choice of eyewear styles plus enhanced benefits

- Choose from hundreds of options for you and your family, including the latest designer frames
- No additional out-of-pocket costs on polycarbonate (shatter-resistant) lenses for children up to age 18, and ultraviolet (UV) coating in-network
- Fixed copayments in-network for scratch-resistant and anti-reflective coatings, progressive lenses,⁵ and more
- Savings on contact lens fittings and evaluations, plus laser vision correction⁶ and non-prescription sunglasses

Set your sights on savings and the freedom to choose the options that are right for you. Enroll in MetLife Vision to get the value and convenience you are looking for.

1. Heiting G. Eye Exams: 5 Reasons Why They Are Important. All About Vision website. <http://www.allaboutvision.com/eye-exam/importance.htm>. Updated: February 2021.
2. Your actual savings from enrolling in the MetLife Vision Plan will depend on various factors, including plan premiums, number of visits to an eye care professional by your family per year and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
3. Comparison is based on national averages and most commonly purchased brands.
4. Based on employee-only rate for a M130-10/25 standard plan design with employees nationwide. Premiums may vary
5. All lens enhancements are available at participating private practices. Please note that maximum copays and pricing are subject to change without notice. Check with your provider for details and copays applicable to your lens choice. Please contact your local Costco to confirm the availability of lens options and pricing prior to receiving services. Additional discounts may not be available in certain states.
6. Custom LASIK coverage only available using wavefront technology with the microkeratome surgical device. Other LASIK procedures may be performed at an additional cost to the member. Additional savings on laser vision care is only available at participating locations.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY (MetLife). Certain claim and network administration services are provided through Vision Service Plan, Rancho Cordova, CA (VSP). VSP is not affiliated with MetLife or its affiliates. Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

